



## FICHE EXPLICATIVE FIBROSCOPIE BRONCHIQUE EN ANGLAIS

The bronchial endoscopy is an examination allowing the exploration of your bronchus (search of infection...).

- **What is it ?**

The examination goes on around 10 minutes.

The doctor introduce a flexible tube of a little size by the nose or the mouth after have applied in the nose an anaesthetic by spray. The device will be gone down until your bronchus, a test will be done if the doctor judge it necessary : either a simple aspiration of bronchial secretion, either an aspiration after have injected fruitless water in the bronchus (that's call a cleaning (broncho alvéolaire), either a biopsy (test of a all little piece of bronchus).

- **Complication :**

- The most regular :

- Cough which stop at the end of the examination
- Increase of the difficulty to breathe : oxygen is brought to breathe better.
- Bleeding (By the nose or the mouth if biopsy) which stop spontaneously in the majority of case
- Fever a few hours after the examination, consult a doctor if that go on more than 12 hours.

Very rare :

- allergic reaction at the anaesthetic
- Infection

- **Précaution :**

**Before the examination :**

- **Essential : Be on an empty stomach since at least 6h** (avoid chewing gum and drink even if you can drink a little of water)

- It's recommended to smokers stopping 48h before the examination then a few hours after.
- If you are anxious, inform it to the doctor who can give you a relaxing. The examination is not done under anesthetic general, because in this case, it's necessary to be hospitalized.

**During the examination :**

The examination will be facilitated if you are relaxed and confident, the doctor and nurses are there to answer to your question.

**After the examination :**

- **Important : stay on an empty stomach during 2 hours because the anaesthetic that you have received can cause a wrong road.**

- Avoid drinking during several hours if you have received a relaxing medicine.

- if a biopsy was made and if there are spit with abundantly blood, **call rapidly your doctor**

Before the examination it will be asked you to sign a form stipulating that you have received an information.



## Necessary information before the examination

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| • do you smoke ? :                                  | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have allergy ? :                           | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you take an anti coagulative? :                | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have dental prothesis ? :                  | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have a problem of hematite coagulation ? : | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have a a cardiac problem ?                 | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have a problem to breath ?                 | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • do you have fever today? :                        | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| • for women are you pregnant ? :                    | yes <input type="checkbox"/> | no <input type="checkbox"/> |

### For information :

**Modification of the treatment before the brochial endoscopy** (as a reminder, it will be prescribed or explained by your doctor) :

- If only predicted cleaning : no necessity of blood test in the absence of particular antecedent, no modification of the regular treatment (situation the most habitual)
- If biopsy predicted: blood test for rate of platelet, TP, TCA if factor of risk (ex : hepatic problem, or cardiovascular)
  - + possible following of kardégic 75 mg
  - + stopping:
    - du Plavix® 7 days before
    - AVK to have an INR < 1,5
    - HBPM before according to their half life
    - new anticoagulant 5 days before